

Emergency Supply Checklist



The smartest resolution anyone can make is to get prepared for emergency situations. Take action by stocking up now on emergency supplies. Make sure to have enough supplies for 72 hours. Have a plan for evacuation and communication and establish an out of state contact point.

Checklist

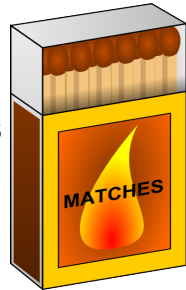
Essentials:

- Water - 1 gallon per person per day
- Water purification kit
- first aid kit freshly stocked
- first aid book
- Non-perishable foods
- Can opener (manual)
- Blankets or sleeping bags
- Portable Radio
- Flashlight
- Additional pack of batteries
- Essential medications (and list of dosages)
- Fire extinguisher - ABC type
- Cash and travelers checks
- Pet supplies (if applicable)



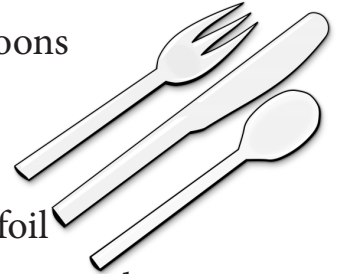
Safety and Comfort:

- Sturdy shoes
- Heavy-duty gloves
- Candles, matches & light sticks
- Change of clothing
- knife or razor blades
- Garden hose for siphoning or firefighting
- Tent
- Paper, pen, stamps



Cooking

- Plastic knives, forks, spoons
- Paper plates and cups
- Paper towels
- Heavy-duty aluminum foil
- Camping stove for outdoor cooking



Sanitation:

- Large plastic trash bags for waste: to use as
- tarps and rain ponchos
- Soap and liquid detergent
- Toothbrush and toothpaste
- shampoo
- Toilet paper
- Household bleach
- Hygiene supplies



Accessibility:

- Hearing Devices
- Spare batteries
- Charging devices
- Extra eyeglasses
- Dentures
- Walking stick or wheelchair
- Insurance/Prescription cards
- Contact list of Relatives & Doctors

